



**W**alk into Shalom Village on any given day and you will find a community “on-the-go”. In addition to the residents who call Shalom Village home in our Supportive Housing and Long Term Care Suites, Shalom Village serves hundreds of older adults and their family members from throughout the Hamilton Region and beyond.

Whether people are participating in our Goldie’s and Goldies2Home Programs to enjoy activities with friends, visiting The Club Fitness Centre to stay in peak condition, or receiving rehabilitation support in our Convalescent Care program; Shalom Village aspires to make every day interesting and ensure everyone feels at home.

To keep pace with our residents and participants, we’ve decided to make some changes to keep you better informed of all things Shalom Village. One of the ways we will be doing this, is to provide you with a combined

newsletter that will allow us to highlight our accomplishments, and activities, while also inviting you to become even more involved with us.

**And in that spirit, we’d like to invite you to help us name this newsletter!**

You will receive the newsletter 3 times each year: February, July and November. We know that our participants, residents and supporters are smart, creative people, and *because this newsletter is about you and for you – we think you should play a role in naming it!*

We also invite you to tell us what kind of information you’d like to see in future newsletters. Each of you has made the Shalom Village family remarkable, and we want the newsletter to celebrate everyone that makes Shalom Village special.

**To submit your suggestions, please send an email to [Newsletter@ShalomVillage.ca](mailto:Newsletter@ShalomVillage.ca)**

## OH MY DEER!

We told you that Shalom Village is “the place to be”... and we meant it! On the weekend of July 15th, we had some very, deer visitors. The couple delighted everyone, as they wandered around the neighbourhood for over an hour. They enjoyed a drink from a puddle and walked alongside residents who were out enjoying the fantastic weather.

These aren’t the only 4 legged visitors hanging with the cool-kids at Shalom Village. Earlier this spring, we discovered some visitors living in the ceiling of our Theatre. Although adorable, we decided to find them a more appropriate home and had some experts help us with their relocation.





## SHALOM VILLAGE FRONT PORCH GARDEN OFFICIAL LAUNCH

There isn't a fair weather day that goes by when you won't find Jim Kennelly sitting out front of Shalom Village. Like many of us, Jim loves being outside. For many Canadians it's a tradition to sit on your front porch and chat with friends, watching the comings and goings of the people on your street.

In previous years, Jim would take his lawn-chair and sit in front of Shalom Village under a large old tree. Jim's spot would get quite muddy on wet days and the parking-lot curb made it inaccessible for people using assistive devices.

So when Jim approached Shalom Village CEO, Jeanette O'Leary and the Shalom Village Foundation about creating a more welcoming space in front of Shalom Village, everyone was excited to make it happen.

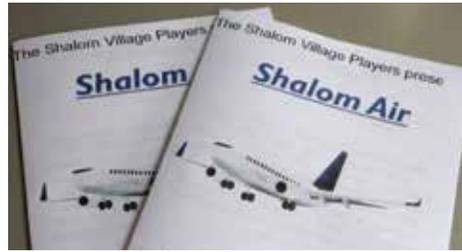
The Foundation's "Grow it Forward" campaign was a huge success. Thanks to a leadership

gift from Stan and Elizabeth Tick, in memory of Stan's siblings (Bernard, Marilyn and Theodore), and the tremendous support of many other donors, the garden was designed and built late last year.

### Front Porch Garden Party

This June 5th, we officially launched the Front Porch Garden and celebrated the great support that made the Front Porch Garden possible. Stan Tick welcomed guests from all over Hamilton who came out to enjoy the space. Waxy's Deli truck was on-site to provide food. And the Shalom Village Front Porch Garden began its first year as the summer "place to be" at Shalom Village.

If you haven't already dropped by our Front Porch Garden, be sure to do so while the weather is still fabulous. Chances are Jim will be sitting in "his chair" and he will be delighted to share a smile and a friendly chat with you.



## SHALOM AIR

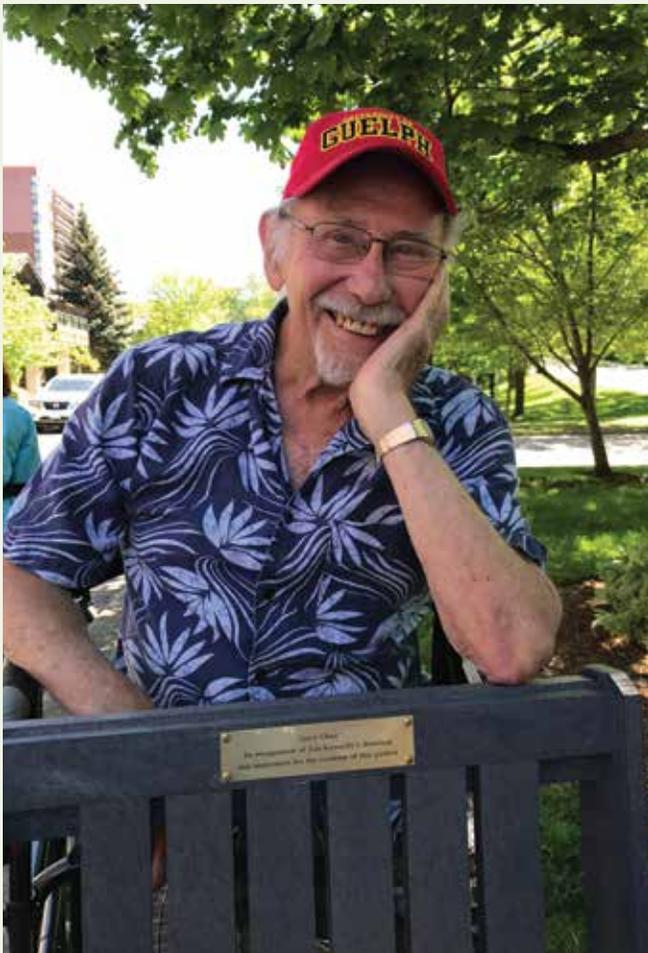
The Shalom Village Players gave an unforgettable performance in July. If you happened to be at Shalom Village on July 18th or 19th, you might have had the pleasure of enjoying our outstanding group of thespians plying their craft, in their most recent theatrical performance: Shalom Air.

The audience response ranged from chuckles to full-on belly laughs! The costumes were phenomenal and the artistic design unforgettable.

The cast of Shalom Air included: Ida Shuman, Jim Kennelly, Anne Cutler, Shirley Levine,

Maralin Calman, Kathy Lawrence, Ellen Hoffman, Ruth Horwood, Keith Culver, and David Papernick.

Behind the scenes help was provided by: Jim Kennelly, David Papernick, Marmie Wolfson, Rob Black, Paul Crevier, and David Longstaff. We must also acknowledge and thank Emanuela Hall for her creative consultation and direction. Everyone at Shalom Village is anxiously awaiting their next inspiring performance.



# SHALOM VILLAGE IS SEW CONNECTED

Shalom Village residents and volunteers are a creative bunch! Beginning in March of this year Shalom Village introduced a new program that invited youth (ages 14-18) to collaborate with local seniors and Shalom Village residents, to create “Fidget Blankets”.

This innovative new program gives local seniors an opportunity lead a volunteer project, while also mentoring youth who are interested in learning to sew. Together they are creating fidget

blankets, aprons and hand-muffs for people with Alzheimer’s or related Dementias.

## A FIDGET WHAT...?

A Fidget Quilt or Activity Blanket is a small lap blanket (sometimes also made as aprons or hand muffs), that offers sensory and tactile stimulation to people living with dementia. The stimulation is provided through the use of colours, different textures, and the use of accessories like pockets, buttons, beads, laces etc.

Fidget Blankets have been proven to de-escalate restless and responsive behaviours in people with dementia.

The items created in this program will be donated to individuals living with dementia who may benefit from having their own personalized blanket, apron or hand-muff.

The Sew Connected project was made possible by the support of the federal government’s New Horizon’s For Senior’s Program.



If you’re interested in volunteering for future Sew Connected projects, or would like to learn about other volunteer opportunities at Shalom Village, feel free to contact our Coordinator of Volunteers, Katharine May at 905-529-1613

COMING UP

## Hustle4Health Support Seniors. Celebrate Family.

The 16th annual Hustle4Health is just around the corner! We’ve got lots of new additions for this year’s event. In the coming weeks you’ll hear more about:

- Our new website at: [www.Hustle4Health.ca](http://www.Hustle4Health.ca)
- Free registration for individuals raising \$100 or more
- Customizable Team T-shirts for teams who fundraise more than \$125/person

Additionally, this year we are offering an upgraded Tech-Tshirt, with moisture wicking fabric for individuals who register before October 2nd. To take advantage of the early registration offer, use the code NLUupgrade.

Each year, the Hustle4health helps hundreds of Hamilton area seniors stay healthy and/or recover from illnesses and accidents. So keep your eyes peeled for your invitation to make a difference, and join us as we Hustle for Health on November 12th, 2017.



## TEA FOR TWO ...HUNDRED, EH!

What do you get when you combine 150 Years of Canadian History, with 36 Year's of the Ladies Auxiliary Tea? Our 200+ attendees and supporters will tell you that you get an afternoon of joy, combined with glorious food and the knowledge that you've just helped save lives.

**An afternoon of significant accomplishment.**



This was an auspicious year for the Ladies Auxiliary Tea, as well as for Canada. The Ladies Auxiliary led by Rochelle Waxman and Jo-Ann Pomerantz realized it was a great opportunity to set their goals high and help Shalom Village in the most meaningful way possible. This year, the Tea raised enough funds, to purchase an upgraded generator.

## TRIUMPHANT & TASTY

Thanks to our remarkable volunteers, guests, donors and staff, we achieved our goals and our residents can rest easy, knowing that their medical technology will be powered well into the future, even during power outages.

Each year medical technology advances. These advances provide treatments and functions that keep us healthy and save lives. This is great news for all of us. However, these devices result in a critical dependency on electricity. And that means, Shalom Village's generators have to be upgraded to meet the growing demand.

While our guests and volunteers were busy saving lives, they also managed to have an awful lot of fun throughout the afternoon! Tea guests walked into a room filled with Shalom Village's famous baked goods, coupled with some Canadian favourites like maple-leaf cookies and maple syrup!

Once everyone settled in to enjoy the wonderful food, alongside their greatest friends, the real fun began! Long time friends spent time reminiscing, and old friends were able to reconnect.

## GRATEFUL THANKS TO OUR VIP DONORS

(donations over \$100)



Batia Phillips (pictured above on the left), a member of the Shalom Village Fitness Club and donor, brought her two dearest friends, Renne (center) and Claudia (far right).

Some, like Woddy Schultz walked away with some incredible loot!



If you'd still like to support the Tea, you can continue to make donations by visiting [www.ShalomVillage.ca/giving](http://www.ShalomVillage.ca/giving) and clicking on the Tea donation link.

On behalf of the Ladies Auxiliary, and everyone at Shalom Village, we would like to thank you for your support.



We would also like to thank the tremendous efforts of our staff and volunteers (above) – who work tirelessly to make this event fun for everyone.

Shore, Wendy  
Rosenberg, Ray  
Gould, Mildred  
Southam, Anika Pileski & Wilson  
Taylor Steel/ Taylor Chrysler Dodge  
Weisz, Tom & Sasha  
Alert / Best Nursing Inc.  
Appleby Pharmacy  
Asa, Gerald & Janet  
Bennett, Michael  
Dain, Irving & Joyce  
Denburg, Judah & Susan  
Hoffman, Ellen  
Kam, Michael & Cindy  
Leibtag, Terry Verk & Hesty  
Wasserman, Marvin & Gloria  
Lax, Stephen & Sharon  
LifeMark Physiotherapy  
Ludwin, David & Laura  
Rottman, Louis & Rhona  
Phillips, Batia  
Blidner, Jeff Blidner & Ilsa Halpren  
Cohen, Marvin & Lorraine  
Katz, Harvey & Helene  
Leibtag, Richard & Arlene  
Leibtag, Stephen & Rochelle  
Loewith, Carl & Sandi  
Scholes, Mark & Kathy  
Zalter, Sarit  
Fowler, Dwight  
Morris, Bill & Eva  
Singer, Robert & Arlene  
Brott, Boris & Ardyth  
Kaplan, Ron & Faith  
Kepecs, Alex & Gayle  
Levin, Larry & Jacki  
Levy, John & Marla  
Stoyes, Bill  
Tick, Stanley & Elizabeth  
Minden, Betty  
Paikin, Joel & Shelley  
Peer, Joseph & Monique  
Watson, Ruth  
Waxman, Rhona  
Albert, Mark  
Bain, Allen & Carole  
Carpenter, Pamela & Lee  
Davidson, Ron & Miriam  
Goldblatt, Sondi  
Greenbaum, Joseph & Cheryl  
Halpren, Bill & Marcia  
Hart, Lawrence & Sharon  
Marcovitz  
Harvey Kalles Real Estate Ltd.  
Horwood, David & Danna  
Katz, Cuppy & Elaine  
Levine, Mark & Hinda  
Lewis, Milton & Terri  
Paikin, Larry & Marnie  
Schwarcz, Henry & Molly Ann  
Snajdman, Daniel & Jacqueline  
Taylor, Anna  
Wasserman, Bryna  
Mendelson, Alan & Sara  
Waxman, Gary & Donna  
Waxman, Shirley  
Katz, Bernie & Rhoda  
Minden, Anne  
Krieger, Jerre  
Rochweg, Sarah  
Waxman, Michael & Pteri  
Bloom, Ivan & Elizabeth  
Low, Mary  
Low, James  
Shalmi-Dolina, Lily  
Adelman, Tishelle  
Burman, Sheila  
Fraser, Danae  
Gelber, Marlene  
Goldhar, Hershel & Linda  
Gurevitz, Suzy  
Halpren, Murray & Hynda  
Hotz, Yetta  
Kukuczka, Ignacy  
Lax, Gloria  
Levy, Richard & Sandra  
Miller, Elaine  
Mintz, Max & Samieth  
Muller, Bella  
Pomerantz, Harold & Jo-Ann  
Price, Vivian  
Richter, Lowell & Cindy  
Schoenberg, Jacques & Clareta  
Siegel, Bob & Elaine  
Strub, Leo & Isabel  
Takefman, Roslyn  
Tekela, Paula  
Waxman, Eric & Jodie  
Yanover, Sandra  
Zaltz, Samuel & Mary  
Apel, Luba & Yves  
Braun, Joseph & Bella  
Citron, Barbara & Harvey  
Diamond, David & Debbie  
Dolovich, Myrna  
Foreman, Marilyn  
Fuss, Irwin & Sandy  
Hall, Larry & Tanis  
Hotz, Harry & Ruth  
Krakus, Olga  
Levine, Irwin & Kathy  
Levy, Esther  
Levy, Louis & Judy  
McDowell, Cathy & Tom  
Metter, Naomi  
Peterson, Patricia  
Proctor, Patricia  
Quitt, Cheryl & Stephen  
Redner, Lotti  
Richter, Lorne & Rita  
Rosenblatt, Sorie  
Ross, Rhonda & John  
Schoffer, Ellen & Timothy  
Schweitzer, Michael & Adalia  
Silver, Steve & Sandy  
Simpson, Esther & Stan  
Swartz, Ronald & Coral