



VILLAGE VOICE

Celebrating 50 Years of Shalom Village

By Marianne Klein, CEO of Shalom Village

On June 16th, we had the privilege of celebrating the 50th anniversary of Shalom Village, and it was truly a day to remember. The weather was perfect, with the sun shining brightly, reflecting the joy and warmth that filled our hearts. It was wonderful to see families in attendance, from young children to our cherished residents, along with family members, staff, volunteers, leadership, and board members, both past and present.

I would like to extend my heartfelt gratitude to everyone who joined us for this momentous occasion. Your presence made the day even more special. I am especially thankful to our guests, volunteers, and donors whose unwavering support has been the cornerstone of our success over the past five decades. **And a special thank you to our 50th Anniversary co-Chairs, David & Danna Horwood, for their incredible support and dedication to Shalom Village seniors.**

We were honoured to have the Interim Deputy Mayor/Councillor Tammy Hwang attend the event, demonstrating the strong community ties and support that Shalom Village has cultivated. We were also deeply privileged to have had Sheila Burman grace the festivities with her presence, a memory we now cherish all-the-more knowing it was one of her final moments with us. Sheila's leadership and vision profoundly impacted so many lives, and her legacy will remain a beacon within our community forever. We will miss our mentor, friend and leader.

As we look ahead, our team is diligently working on many exciting initiatives. We are actively consulting with stakeholders and experts in the field of senior

care to re-establish Shalom Village as a leading provider of care for seniors. It is an exciting time for Shalom Village, and we are committed to building on the lessons of the past 50 years.

Our future is bright, and we are eager to work together, taking into account the valuable feedback from our stakeholders and insights from experts and researchers. Our mission to "Honour our Fathers and our Mothers" remains steadfast, and we will continue to deliver care rooted in our AT HOME values.

Thank you once again for your support and for being a part of our journey. Together, we will build a future that honors our past while embracing innovation and excellence in senior care.



Warm regards,

Marianne Klein

CEO, Shalom Village



Community Programs & Activities

This spring we were delighted to host education and information sessions for Hamilton community Members.

In June we partnered with The Ontario Caregivers Association to host an information session for caregivers. Attendees learned more about:

- ✓ Caregiving roles & responsibilities
- ✓ Internal and interpersonal conflicts
- ✓ Common caregiver emotions
- ✓ Ways to promote resilience and cultivate compassion
- ✓ Where to access free programs, services and resources available to caregivers across Ontario.

Our Community team also partnered with Dr. Anthony Levinson from McMaster University's David Braley Primary Care Research Collaborative who came to discuss the Mental Health Pathway program for seniors. Attendees learned how to better identify symptoms of anxiety, depression and memory loss, and the importance of mental health as you age.

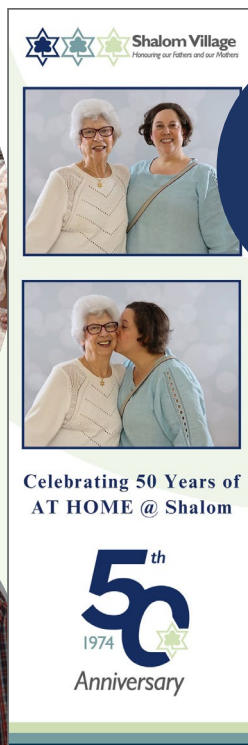


Stigma continues to be a concern for people where mental health is concerned, and this can be especially true for seniors. We hope to create a more open dialogue about seniors mental health, so individuals can identify their needs and access care in a timely and helpful manner.

Keep your eyes on our Facebook Page and website for more information and education opportunities in the future!

Make a Difference— Volunteer @ Shalom Village

Volunteers at Shalom Village help us support our residents and *Make Moments that Matter* every day, in a multitude of ways! They assist in helping residents move about campus, assisting staff with programs like our fitness programs, assisting residents on outings, reading to residents, dancing with residents, and so much more. Sometimes the most valuable contribution our volunteers make is to simply visit with residents, who are grateful for the companionship.



Photos from our 50th Anniversary Celebration!



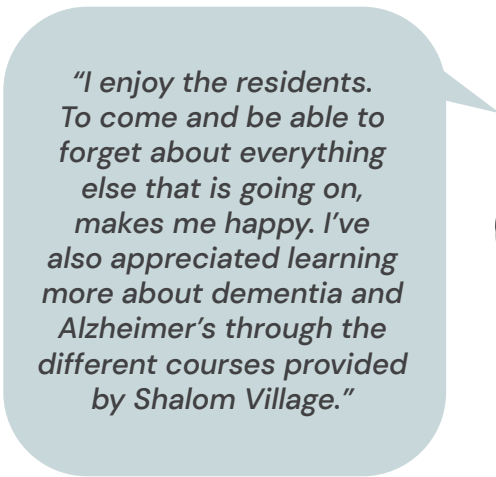
If you've been thinking about giving back to your community through volunteering, but aren't sure what you'd like to do, or how you can help, please contact our new Coordinator of Volunteers, Amy Klokoff at 905-529-1613 X274. She would be delighted to chat with you to discuss your interests, and offer some suggestions, as well as walk you through the process of becoming one of the many treasured Shalom Village Volunteers!

You'll love being a Shalom Village Volunteer. Just ask any of our current volunteers, like Marmie or Jean. Here's what they have to say about volunteering at Shalom Village:



Jean G.

"The music and laughter and the learning. I did a 3-day palliative care course and I learned a lot."



Marmie W.

This year Shalom Village nominated Marmie Wolfson for The City of Hamilton Volunteer Award for her outstanding support of Shalom Village seniors. We know you'll join us in rooting for Marmie, who is always a winner in our books!



Happy 100th Birthday, Anne Novosel

What a milestone!



Upcoming Birthday Celebrations!

Please join us in celebrating the following upcoming birthdays!

- **Carmen Vidotto** is turning 99 on September 4th
- **Siu-Fung Jan** is turning 95 on October 5th
- **Shirley Levine** is turning 90 on September 25th
- **Anita Weitzman** is turning 90 on November 14th

Happy Retirement

Thank you for your years of dedicated service to Shalom Village Seniors:

- **Comfort Asomaning, 34 years**
- **Joyce Qesi, 25 years**

We wish you both all the best as you embark on new and exciting journeys and adventures.



Come to Family Council

To Ask Your Questions and Have Your Voice Heard!

Family Council Meetings are held virtually via Zoom, every 3rd Thursday of the month from 6:30–8:30 pm (dates may change due to holidays).

For more information, please contact Olivia Francis, Shalom Village Resident Relations Coordinator, SSW, at (905) 529-1613 Ext. 370 or at Olivia.Francis@shalomvillage.ca.

It is with a heavy heart that we say goodbye to Shalom Village's Founding CEO, Sheila Burman.

Against all odds, Sheila worked tirelessly to obtain funding to create Shalom Village. In her own words, *"Shalom Village was my baby. It has maintained its original concept of being a warm "home" emphasizing the individuality of each person living there. I have a great sense of pride in having accomplished the fulfillment of the dreams of many. How lucky have I been to have experienced this."*

Shalom Village Board Chair Larry Rosenberg writes: *"An iron fist within a velvet glove. Sheila led with a ferocious tenacity, a determined ambition for us to do the job right, and an inspired belief in the importance of our work. The glove was her charm, the gentle prodding, the twinkle and her zealous passion."*

Shalom Village mourns her loss and celebrates her life. The spirit of Sheila Burman will forever live on in the hearts, minds and hallways of Shalom Village. We offer our condolences to the Burman family and our sincere appreciation for the kind and generous gesture of requesting donations to Shalom Village.

