

# October 2024 Activities Calendar for Shalom Village Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <p><b>Menu Week # 1</b></p>		<p><b>1</b> 10:00 Parsha Discussion (SG) 10:30 Walking Group (SVO ME) 1:30 Fortino's Main West 2:00 Bingo (Art Room) 3:30 Happy National Seniors Day Come for Cake in Bubbi's Café</p>	<p><b>2</b> 10:00 Marianne's Coffee &amp; Chat (Bubbi's Café) 1:30 Walmart 1:30 Euchre with Goldies (Samuels) 5:30 Rosh Hashanah Dinner</p>	<p><b>3 Quiet Day</b> 10:00 Rosh Hashanah Service (Synagogue) 10:45 Shofar (Synagogue) 3:45 Rosh Hashanah Service (Synagogue)</p>	<p><b>4 Quiet Day</b> 10:00 Rosh Hashanah Service (Synagogue) 10:45 Shofar (Synagogue)</p> 	<p><b>5</b> 1:30 SKIP-BO Card Game Outside Rabbi's Office</p>
<p><b>6 Fast of Gedalia</b></p>  <p><b>Menu Week # 2</b></p>	<p><b>7</b> 9:30- 3:30 Hearing Clinic (MT) Sign up with Tracy x274 10:30 Banks 10:30 Remembering October 7th Service with Rabbi Selevan (Synagogue) 1:30 Bennet's Apple Farm</p>	<p><b>8</b> 10:00 Parsha Discussion (SG) 10:30 Walking Group (SVO ME) 1:00 Mum Show Gage Park</p> 	<p><b>9</b> 10:30 Cruise 11:00 APT Food Committee Meeting (RSC) 1:30 Euchre with Goldies (Samuels) 1:30 Lococo's</p>	 <p><b>10</b> 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 10:45 Walkercise (Samuels) 11:00 Niagara Outlets</p>	<p><b>11</b> 10:30 One on Ones 1:30 Walmart 2:00 Painting Class (Art Room) 6:30 Kol Nidrei with Rabbi Selevan (Synagogue)</p>	<p><b>12 Quiet Day</b> Yom Kippur 10:00 Yom Kippur Service with Rabbi Selevan (SG) 3:45 Yizkor Service with Rabbi Selevan (SG)</p>
 <p><b>Menu Week # 3</b></p>	<p><b>14 Thanksgiving Day</b>  Please Note: No Housekeeping Due to the Holiday</p>	<p><b>15</b> 10:00 Parsha Discussion (SG) 10:30 Food Basics 10:30 Walking Group (SVO ME) 1:30 University Plaza 2:00 Classical Pops Music (Goldies Place)</p>	<p><b>16</b> 10:30 Decorating the Sukkah (SVO 1<sup>st</sup> Floor Lounge) 1:30 Walmart 1:30 Euchre with Goldies (Samuels)</p>	<p><b>17 Quiet Day/Sukkot</b> 1:30 Hot Apple Cider in the Sukkah SVO 1<sup>st</sup> Floor Lounge  Blessing the Lulov &amp; Estrog with Rabbi Selevan</p>	<p><b>18 Quiet Day/Sukkot</b> 1:30 Hot Apple Cider in the Sukkah SVO 1<sup>st</sup> Floor Lounge  Blessing the Lulov &amp; Estrog with Rabbi Selevan</p>	<p><b>19 Sukkot</b> 1:30 SKIP-BO Card Game Outside Rabbi's Office</p>
<p><b>20 Sukkot</b> 2:00 Non-denominational Church Service (Goldies Place)  <b>Menu Week # 1</b></p>	<p><b>21 Sukkot</b> 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 10:30 Metro 1:30 Marshalls/HomeSense 3:30 Wine Social (SVToo 3<sup>rd</sup> Floor Lounge)</p>	<p><b>22 Sukkot</b> 10:00 Parsha Discussion (SG) 10:30 Walking Group (SVO ME) 1:30 Giant Tiger 2:00 Bingo (Art Room)</p>	<p><b>23 Sukkot</b> <b>Footcare Today</b> 10:30 Sobey's 10:30 One on One 1:30 Walmart 1:30 Euchre with Goldies (Samuels)</p>	<p><b>24 Quiet Day</b> Shemini Atzeret 10:00 Shemini Atzeret Service (Synagogue) 3:45 Yizkor Service (Synagogue)</p>	<p><b>25 Quiet Day</b> Simchat Torah 10:00 Simchat Service (Synagogue) 11:00 Dancing with Torah</p>	<p><b>26</b> 1:30 SKIP-BO Card Game Outside Rabbi's Office</p>
 <p><b>Menu Week # 2</b></p>	<p><b>28</b> 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 1:30 Banks 3:30 Trivia Afternoon (Movie Theatre)</p>	<p><b>29</b> 10:00 Parsha Discussion (SG) 10:30 Fortino's Dundurn 10:30 Walking Group (SVO ME) 1:30 Farm Boy</p>	 <p><b>30</b> 10:30 Healthy Planet 1:00 Ladies Auxiliary Tea RSVP to Kathleen x264 (Goldies Place) 1:30 Lindley's Farm</p>	<p><b>31</b> 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 10:30 Denninger's 10:45 Walkercise (Samuels) 1:30 University Plaza</p>	<p><b>Location Legend</b> Shalom Village Original- SVO Shalom Village Too- SVToo Movie Theatre – MT Goldies Place- GP Art Room – AR</p>	<p><b>Location Legend</b> Samuels- SAM Ruth Sherman Centre- RSC Visiting Residents- One on One Bubbi's Cafe- BC Synagogue - SG</p>



# October 2024 Activities Calendar for Shalom Village Apartments



**Shalom Village**  
Honouring our Fathers and our Mothers

## Jewish High Holidays



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## Jewish High Holidays

### Rosh Hashanah

**What is it?** Rosh Hashanah translates to "Head of the year." It is the Jewish New Year. It is a time to reflect on the past year, set intentions for the year ahead and focus on personal growth

#### WHAT ARE THE HIGH HOLIDAYS?

The Jewish high holidays are some of the most significant days in the Jewish calendar. They mark a time of reflection, self-improvement, and renewal. The high holidays consist of two major holidays: **Rosh Hashanah** (the Jewish new year) and **Yom Kippur** (the day of atonement)

#### The Shofar

A ram's horn is blown in synagogue services. The sound of the shofar serves as a spiritual wake-up call, urging people to reflect and reconnect.

#### Sweet Foods

Apples dipped in honey are eaten to symbolize the hope for a sweet and successful new year. We also eat pomegranate seeds because the 365 seeds represent the 365 mitzvot.

#### Tashlich Ceremony

People may gather near a body of water to symbolically "cast off" their sins by throwing breadcrumbs in the water.

### Yom Kippur

**What is it?** Yom Kippur is the holiest day in Judaism. It's a day of fasting, prayer, and seeking forgiveness for wrongdoings of the year. The focus is on self-reflection and making amends.



#### Fasting

Many Jewish people fast for 25 hours, abstaining from food and drink as a form of repentance

#### Prayer

Most of the day is spent in synagogue, where specific prayers are asked for forgiveness and reflection on moral and ethical behavior.

#### Breaking the Fast

After Yom Kippur ends, families and communities gather for a meal to break the fast together.

### 10 Days of Repentance



The 10 days between Rosh Hashanah and Yom Kippur are known as the **Days of Awe** or **Ten Days of Repentance**. During this time, individuals take stock of their lives and relationships, striving to make amends and seek forgiveness from others

**What we say on Rosh Hashanah**  
On Rosh Hashanah we say "Shanah Tova" which means "good year".

**Want to know more?**  
[Chabad.org](http://Chabad.org)  
[PICC](http://PICC)

### Themes of the High Holidays

Reflection, repentance, and renewal

The high holidays are about much more than celebrations—they are a period for deep personal reflection. Jewish people reflect on their actions over the past year, seek forgiveness for any wrongs, and make resolutions for the coming year

### Dates

**Rosh Hashanah:** Wednesday, October 2 - Friday, October 4, 2024

10 days later

**Yom Kippur:** Saturday, October 12, 2024

## Announcements



### Footcare

**Wednesday October 23rd**  
To set up your appointment please call Tracy X274



*43<sup>rd</sup> Shalom Village Ladies Auxiliary Tea*

**Wednesday October 30<sup>th</sup>**  
**1:00 pm Goldie's Place**

**Minimum seating price of \$36**

**Please RSVP to Kathleen Thomas at 905-529-1613 x264**



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