


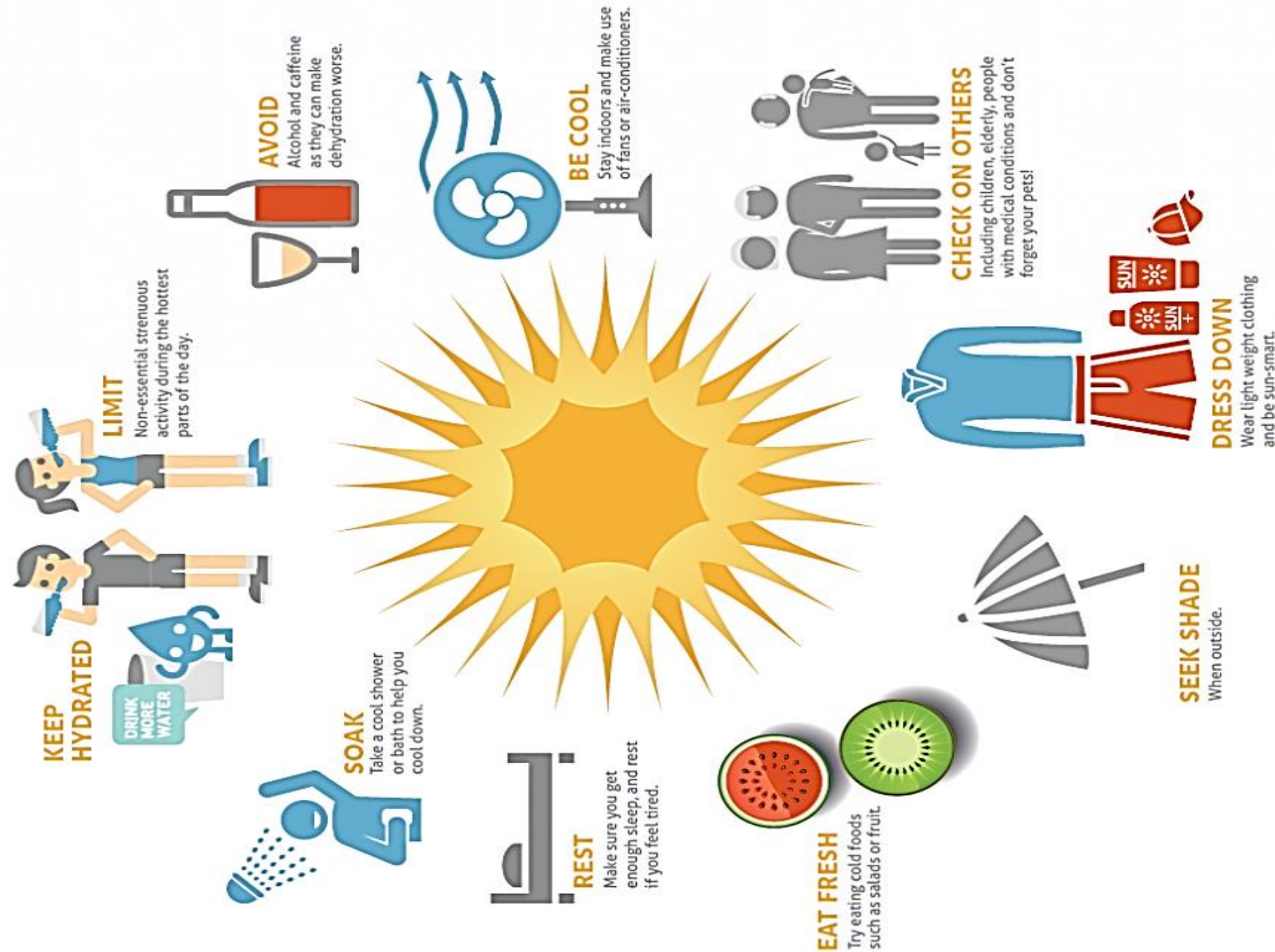
July 2025 Activities Calendar for Shalom Village Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div></div> <div>Menu Week # 1</div>	<div></div>	<div>1 No Housekeeping</div> <div>10:30 Walking Group (ME/L2W)</div> <div>2:00 Poutine Bar (Bubbi's Café)</div> <div>Happy Canada Day</div>	<div>2 Footcare</div> <div>10:30 Metro</div> <div>10:30 Knit and Chat (SVToo 3rd Floor Lounge)</div> <div>1:30 Fortino's Main West</div> <div>2:00 Games Afternoon (Art Room/L2W)</div>	<div>3</div> <div>10:00-2:00 Trishaw Rides (Sign up with Tracy x274)</div> <div>10:30 Farm Boy</div> <div>10:45 Walkercise (SAM/L2W)</div> <div>1:30 University Plaza</div>	<div>4</div> <div>10:30 One on one</div> <div>1:30 Walmart</div> <div>2:00 Painting Class (Art Room/L2W)</div>	<div>5</div> <div>1:30 SKIP-BO Card Game Outside Rabbi's Office</div>
<div>6</div> <div>Menu Week # 2</div>	<div>7</div> <div>10:30 Coffee Corner (SVToo 3rd Floor Lounge)</div> <div>1:00 Lens Mills</div> <div>2:00 Knit and Chat (SVToo 3rd Floor Lounge)</div>	<div>8</div> <div>10:00 Parsha Discussion (SG)</div> <div>10:30 Walking Group (ME/L2W)</div> <div>10:30 Sobeys</div> <div>1:30 Giant Tiger</div> <div>2:00 Bingo (Art Room)</div>	<div>9</div> <div>10:30 One on One</div> <div>11:00 Niagara Outlet Mall</div> <div>1:00 Games Afternoon (Art Room/L2W)</div> <div>3:00 Apartment Resident Townhall (RSC)</div>	<div>10</div> <div></div> <div>10:00-2:00 Trishaw Rides (Sign up with Tracy x274)</div> <div>10:45 Walkercise (SAM/L2W)</div> <div>1:30 University Plaza</div>	<div>11</div> <div>10:30 Walmart</div> <div>11:00 Sit to be Fit (SVToo 3rd Floor Dining Room)</div> <div>1:30 Walmart</div> <div>1:30 Afternoon Movie (Movie Theatre)</div>	<div>12</div> <div>10:30 Shabbat Service & Kiddush Lunch (Synagogue/Goldies)</div> <div>1:30 SKIP-BO Card Game Outside Rabbi's Office</div>
<div>13 Fast of Tammuz</div> <div>2:00 Non-denominational Church Service (Goldies Place)</div> <div>Menu Week # 3</div>	<div>14</div> <div>10:30 Food Basics</div> <div>1:00 Mapleview Mall</div> <div>2:00 Triple C Farm Visit Goats, Bunnies, Mini-Horse (Samuels)</div>	<div>15</div> <div>10:00 Parsha Discussion (SG)</div> <div>10:30 Walking Group (ME/L2W)</div> <div>1:30 Baskin Robins</div>	<div>16</div> <div>10:30 Knit and Chat (SVToo 3rd Floor Lounge)</div> <div>1:30 Denninger</div> <div>2:30 Music with Cantor Paula (SVO 1st Floor Lounge)</div>	<div>17</div> <div>10:30 Banks</div> <div>10:00-2:00 Trishaw Rides (Sign up with Tracy x274)</div> <div>1:30 University Plaza</div> <div>10:45 Walkercise (SAM/L2W)</div>	<div>18</div> <div>11:00 Sit to be Fit (SVToo 3rd Floor Dining Room)</div> <div>2:00 Painting Class (Art Room/L2W)</div> <div>1:30 Walmart</div>	<div>19</div> <div>1:30 SKIP-BO Card Game Outside Rabbi's Office</div>
<div>20</div> <div>Menu Week # 1</div>	<div>21</div> <div>10:30 Lemonade Lounge (SVToo 3rd Floor Garden)</div> <div>1:00 Burlington Mall</div> <div>2:00 Trivia (Movie Theatre)</div>	<div>22</div> <div>10:00 Parsha Discussion (SG)</div> <div>10:30 Walking Group (ME/L2W)</div> <div>11:00 Cruise and Hotdogs at Easterbrooks</div> <div>1:30 Loewith Dairy Farm</div> <div>2:00 Bingo (Art Room)</div>	<div>23</div> <div>10:30 Food Basics</div> <div>10:30 One on One</div> <div>1:30 Hewitts Dairy</div> <div>2:00 Wine Social (SVToo 3rd Floor Lounge)</div>	<div>24</div> <div></div> <div>10:00-2:00 Trishaw Rides (Sign up with Tracy x274)</div> <div>1:30 Terra Greenhouse</div> <div>10:45 Walkercise (SAM/L2W)</div>	<div>25</div> <div>12:00 – 2:00 BBQ Friday</div> <div>Music: Tom Cowles (SVO Garden)</div> <div>1:15 Health Talk - Healthy Smoothie (Goldies)</div>	<div>26</div> <div>1:30 SKIP-BO Card Game Outside Rabbi's Office</div>
<div>27</div> <div>Menu Week # 2</div>	<div>28 Footcare</div> <div>10:30 Fortino's Main West</div> <div>2:00 Ukulele Lessons (Movie Theatre)</div>	<div>29</div> <div>10:00 Parsha Discussion (SG)</div> <div>10:30 Fortino's Dundurn</div> <div>10:30 Walking Group (ME/L2W)</div> <div>1:30 Giant Tiger</div>	<div>30</div> <div>10:30 No Frills</div> <div>11:15 Health Talk</div> <div>Sip Happens Stay Hydrated (Goldies)</div> <div>2:00 Games Afternoon (Art Room/L2W)</div>	<div>31</div> <div>10:00-2:00 Trishaw Rides (Sign up with Tracy x274)</div> <div>11:00 Cruise and Grandad's Donuts</div> <div>10:45 Walkercise (SAM/L2W)</div>	<div>Location Legend</div> <div>Samuels- SAM</div> <div>Ruth Sherman Centre- RSC</div> <div>Visiting Residents-One on One</div> <div>Bubbi's Cafe- BC</div> <div>Synagogue – SG</div> <div>Main Entrance- ME</div> <div>Location Legend</div> <div>Shalom Village Original- SVO</div> <div>Shalom Village Too- SVToo</div> <div>Movie Theatre – MT</div> <div>Goldies Place- GP</div> <div>Art Room – AR</div> <div>Links 2 Wellbeing - L2W</div>	



July 2025 Activities Calendar for Shalom Village Apartments

TIPS TO BEAT THE HEAT!



Announcements



Footcare

Wednesday July 2nd

Monday July 28th

To set up your appointment please call Tracy X274

Apartment Resident Townhall

Wednesday July 9th

3:00 pm

SVToo 4th Floor

Ruth Sherman Centre

BBQ Friday

Friday July 25th

12:00 – 2:00

Music: Tom Cowles



Shalom Village Phone Number: 905-529-1613

Please see other side.

