

SV2 1st Floor FEBUARY 2026

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SAT /SUN

					1 10:30 Tu B'Shevat Goldie's 2:30 Walking Club)
2 10:30 OBIE (OK) 11:15 Hello Visits (OK) 2:30 Spa Morning 3:30 Hello Visits (ES) 6:30 Movie Night	3 10:30 Chair Yoga (Alcove) 11:15 Relaxing Music 2:30 Oscar the Dog 3:15 Walking Club 4:00 Montessori (ES) 6:30 Men's Club with Kyle and Amanda (Art Room)	4 10:30 Stretch & Strengthen (OK) 11:15 Hello Visits 2:30 Bubi Bessie's Cafe 6:30 Bowling (RC)	5 10:30 Sweetheart Cards (Art Room) 11:15 Ask the Rabbi 2:15 Bingo (RC) 3:30 Visits	6 10:30 Farmer's Market 12:30 Happy Birthday, Maria! 2:30 Bingo 3:30 Wine 6:30 Tea and Chat	7 10:30 Walking Club 2:30 Montessori 8 10:30 Challah Baking with Andrea (FDR) 2 PM non-denominational service (goldies)
9 10:30 SPA Morning 2:30 Sweetheart event Bistro 6:30 Karaoke with Rebecca & Kyle (RC)	10 10:30 OBIE Games (OK) 2:30 Travel Talk (Theatre) 4:00 Montessori 6:30 Snozelen	11 10:30 Stretch & Strengthen (OK) 11:15 Hello Visits 2:30 Sing with Paula (Bubbi Bessie's Café) 6:30 Walking Club	12 10:30 Seated Yoga (Alcove) 11:15 Relaxing Music 11:15 Ask the Rabbi 2 PM POET Education (Namaste Room) 2:15 Bingo (RC) 3:30 Visits	13 10:30 McMaster Museum of Art Outing 2:30 Bingo 3:30 Wine 6:15 Tea & Chat	14 9:30 Ohev Zedek Service (Synagogue) 11:30 Hello Visits Noon Happy Birthday Pat 2:15 Coffee Cart 15 10:30 Making Mishloach Manot (Goldie's) 2:15 Bingo (Mayfair)
16 10:30 Triva (RC) 2:30 Bubbi Bessie's Café open! 6:30 Movie Night with Rebeca & Kyle (Theatre)	17 10:30 Breakfast Club (FDR) Noon Happy Birthday Liza 2:30 Black History Month (Movie Clips) 4:00 Montessori 6:30 Snozelen	18 10:30 Stretch & Strengthen (OK) Noon AFRO CARRIBEAN CUISINE (Bubbi Bessie's) featured on menu. 2:30 Bubi Bessie's Cafe 6:30 Bowling (RC)	19 10:30 Zumba (Alcove) 11:15 Ask the Rabbi 2:15 Bingo (RC) 3:30 Visits	20 10:30 Winter Cruise 11:15 Hello Visits 2:30 Preshabbat with Rabbi Beni (Synagogue) 6:30 Tea and Chat	21 9:30 Ohev Zedek 10:30 Walking Club 2:15 Visits 22 10:30 Hot Chocolate Cart 2:15 Bingo (Mayfair)
23 10:30 Hymn Sing (Samuels) 2:30 Salon on Wheels (RC) 6:30 Sip and paint with Kyle & Rebeca Art Room)	24 10:30 Chair Yoga (Alcove) 11:15 Relaxing Music (Alcove) 2:30 Cookie Program (OK) 3:45 Montessori 5:30 Soup Program (Goldie's)	25 10:30 Snoezelen 2:30 Sing with Judy Bubbi Bessie's Cafe 6:30 Walking Club	26 10:30 Residents Council (ES) 10:45 Snozelen 11:00 Food Committee (ES) 11:15 Ask the Rabbi 2 PM POET Education (Namaste Room) 2:15 Bingo (RC) 3:30 Visits	27 10:30 Tim Hortons Outing 11:15 Ask the Rabbi 3:00 Preshabbat with Paula Cantor (Synagogue) 6:30 Tea and Chat	28 10:30 Shabbat Service followed by Kiddush Lunch 2:30 Montessori 1st Floor (OK) Oak Knoll (ES) –Effort Square 2nd Floor (RC) –Ravenscliffe (MF) Mayfair