

February 2026 Activities Calendar for Shalom Village Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Location Legend Shalom Village Original- SVO Shalom Village Too- SVToo Movie Theatre – MT Goldies Place- GP Art Room – AR Links 2 Wellbeing - L2W	Location Legend Samuels- SAM Ruth Sherman Centre- RSC Visiting Residents-One on One Bubie's Cafe- BC Synagogue – SG Main Entrance- ME		
1 1:00 Tu B'shvat Seder with Andrea (Goldies) Menu Week # 2	2 1:30 Lens Mills 2:30 Oscar the Dog Visit (SVO 1 st Floor Lounge) 7:00 Karaoke Night with Tom Cowles (Movie Theatre)	3 10:00 Parsha Discussion (SG) 10:30 Indoor Walking Group (SVToo 4 th Floor/L2W) 1:30 Food Basics 2:00 Bingo (Art Room)	4 1:00 Mapleview Mall 1:30 Tile Rummy (Outside Corner Store/L2W) 3:00- 3:30 Piano with Justin Lee (SVO 1 st Floor Lounge)	5 10:30 One on One 10:45 Walkercise (SAM/L2W) 1:00 McMaster Planetarium	6 11:00 Knit and Chat (SVToo 3 rd Floor Lounge) 1:30 Walmart 2:00 Painting Class (Art Room/L2W)	7 1:30 SKIP-BO Card Game Outside Rabbi's Office
8 1:00 Challah Baking (Family Dining Room) 2:00 Non-denominational Church Service (Goldies Place) Menu Week # 3	9 <u>Footcare</u> 10:30 One on One 1:30 Banks/Shoppers 2:30 Oscar the Dog Visit (SVToo 3 rd Floor Lounge)	10 <u>Hearing Clinic</u> 10:00 Parsha Discussion (SG) 10:30 Indoor Walking Group (SVToo 4 th Floor/L2W) 1:30 Hamilton Public Library: Turner Park	11 9:30 – 11:00 Breakfast Club  Pajamas are Welcome! (SVToo 3 rd Floor Dining Room) 1:00 Farm Boy 3:00 Apartment Resident Townhall (Samuels)	12 10:45 Walkercise (SAM/L2W) 1:00 University Plaza  7:00 Happy Hearts Pub with Meridith (Bubie's)	13 10:30 One on one 1:30 Walmart 1:30 Movie Afternoon: Planet Earth (Movie Theatre)	14 10:00 Ohev Zedek Service Synagogue 1:30 SKIP-BO Card Game Outside Rabbi's Office
15 1:00 Making Mishloach Manot with Andrea (Goldies) Menu Week # 1	16 <u>Family Day</u> Reminder: No Housekeeping Due to Holiday	17 10:00 Parsha Discussion (SG) 10:30 Indoor Walking Group (SVToo 4 th Floor/L2W) 1:30 Fortino's Main West 2:30 Highlighting Black History Month (Movie Theatre)	18 10:30 Coffee Corner (SVToo 3 rd Floor Lounge) 1:30 Dundas Museum	19 11:00 Trivia (Movie Theatre) 10:45 Walkercise (SAM/L2W) 1:30 University Plaza 2:30 Oscar the Dog Visit (SVO 1 st Floor Lounge)	20 1:30 Walmart 2:00 Craft Class: Mosaic Creations (Art Room/L2W) 2:30 Pre-Shabbat Service with Rabbi Beni (SG)	21 1:30 SKIP-BO Card Game Outside Rabbi's Office
22 2:00 Jewish Identity in Literature and Film (Movie Theatre) Menu Week # 2	23 1:30 Food Basics 2:00 Tile Rummy (Outside Corner Store/L2W)	24 10:00 Parsha Discussion (SG) 10:30 Indoor Walking Group (SVToo 4 th Floor/L2W) 1:00 – 1:30 Bookmobile (SVO 1 st Floor Dining Room Lounge) 1:30 Giant Tiger/Dollar Store 2:30 Oscar the Dog Visit (SVToo 3 rd Floor Lounge)	25 10:30 One on one 12:00 Charred Restaurant 3:00 Music with Cantor Paula (SVO 1 st Floor Lounge)	26 10:30 University Plaza 10:45 Walkercise (SAM/L2W) 2:00 Knit and Chat (SVToo 3 rd Floor Lounge) 7:00 Pub Night with Aidan Purnell (Bubie's)	27 1:30 Movie Afternoon: Planet Earth (Movie Theatre) 1:30 Walmart 3:00 Pre-Shabbat Service with Cantor Paula (SG)	28 10:30 Shabbat Service & Kiddush Lunch (Synagogue/Goldies) 1:30 SKIP-BO Card Game Outside Rabbi's Office

We extend our heartfelt thanks to Sandra Witelson for her generous support of our Assisted Living Recreation Programs 

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February is Black History Month

The Black community has contributed significantly to the history and cultural diversity of the City of Hamilton. In 2023, the Black History Month Council, in partnership with Black-led organizations and the City of Hamilton came together to launch the first official Black History Month campaign “We Are Hamilton – Black History Remembered”.

Throughout February, Canadians are invited to learn more about and celebrate the diversity and accomplishments of Black Canadians across the country. Black History Month is also a time to reflect on Canada’s painful history and the systemic barriers that Black communities continue to face, including anti-Black racism and discrimination, and to reaffirm our shared responsibility to address them.

Quote:

“The stories of Black communities are woven into the very fabric of Canada’s history. As we mark 30 years of Black History Month in Canada, we honour the legacy and contributions of Black Canadians across generations, from those who helped build our country to those shaping its future. This anniversary gives us the opportunity to reaffirm our commitment to advancing equity, inclusion and opportunity for Black communities from coast to coast to coast.”

—The Honourable Marc Miller, Minister of Canadian Identity and Culture and Minister responsible for Official Languages



Here at Shalom Village, we will be celebrating Black History Month with the following:

Tuesday February 17th

2:30-3:30 pm

Featuring Hamilton Black History stories and achievements
In the Movie Theatre

Wednesday February 18th

12:00-2:00 pm

Cultural foods offered in Bubies Café for \$5.50

Menu:

Jollof Rice
Plantain
Tropical Fruit Salad
Drink Special

“Black history is not just for Black people - Black history is Canadian history.”

- JEAN AUGUSTINE
CANADIAN POLITICIAN



Footcare

Monday February 9th
To set up your appointment
please call Tracy X274

Apartment Resident Townhall
Wednesday February 11th

3:00 pm
SVToo Basement
Samuels

Breakfast Club

Thursday February 11th
Pajamas are Welcome!

9:30- 11:00 am
SVToo 3rd Floor
Dining Room



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