

August 2026 Activities Calendar for Shalom Village Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Menu Week # 2			Location Legend Samuels- SAM Ruth Sherman Centre- RSC Visiting Residents-One on One Bubie's Cafe- BC Synagogue – SG Main Entrance- ME	Location Legend Shalom Village Original- SVO Shalom Village Too- SVToo Movie Theatre – MT Goldies Place- GP Art Room – AR Links 2 Wellbeing - L2W		1 1:30 SKIP-BO Card Game Outside Rabbi's Office
2 Menu Week # 3	3 Civic Holiday Please Note: No Housekeeping Due to the Holiday	4 10:00 Parsha Discussion (SG) 10:30 Food Basics 10:30 Green Thumb Club (SVToo 3rd Floor Garden) 1:30 Williams Café/Bayfront 2:00 Bingo (Art Room)	5 10:30 One on one Visits 12:15 Swiss Chalet Lunch 2:00 Tile Rummy (Outside the Corner Store) 6:30 Power of Positive Speech with Balabusta (Synagogue)	6 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 10:45 Walkercise (SAM/L2W) 1:30 University Plaza 2:30 Music with Cantor Paula (SVO 1st Floor Lounge)	7 10:30 Hamilton Farmer's Market 1:30 Walmart 2:00 Painting Class (Art Room/L2W)	8 1:30 SKIP-BO Card Game Outside Rabbi's Office
9 2:00 Non-denominational Church Service (Goldies Place) 1:00 Kosher Cooking with Balabusta (FDR) Menu Week # 1	10 10:30 Banks 10:30 Indoor Walking Group (SVToo 4th Floor) 1:30 Food Basics ** 2:00 Summertime Music with Synchronicity Duo (Samuels) **	11 10:00 Parsha Discussion (SG) 11:00 Niagara Outlets 1:00 – 1:30 Bookmobile (Front Parking Lot) 6:30 High Holy Day Information Drop-In with Balabusta (Synagogue)	12 10:30 One on one Visits 2:00 Tile Rummy (Outside the Corner Store) 2:30 Oscar the Dog Visit (SVToo 3rd Floor Lounge) 6:30 Power of Positive Speech with Balabusta (Synagogue)	13  10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 10:30 Walmart 10:45 Walkercise (SAM/L2W) 1:30 University Plaza 2:30 Circle of Healing (SG)	14  10:30 Knit and Chat (SVToo 3rd Floor Lounge) 12:00 – 2:00 Bubie's Island Breeze Day (Bubie's Café) 2:00 Painting Class (Art Room/L2W)	15 10:30 Shabbat Service & Kiddush Lunch (Synagogue/Goldies) 1:30 SKIP-BO Card Game Outside Rabbi's Office
16 1:00 Jewish Music with Balabusta (Family Dining Room) Menu Week # 2	17 10:30 Indoor Walking Group (SVToo 4th Floor) 1:30 Tile Rummy (Outside the Corner Store) 3:00 Apartment Resident Townhall (RSC)	18 10:00 Parsha Discussion (SG) 2:00 Bingo (Art Room) ** 7:00 Karaoke Night with Tom Cowles (Movie Theatre) **	19 10:30 One on one Visits 2:30 Oscar the Dog Visit (SVToo 3rd Floor Lounge) 6:30 Power of Positive Speech with Balabusta (Synagogue)	20 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 10:45 Walkercise (SAM/L2W) 2:00 Open Painting Class (Art Room)	21 ** 12:00 – 2:00 ** BBQ Friday Music: Paul Sage (SVO Garden) 	22 1:30 SKIP-BO Card Game Outside Rabbi's Office
23 Menu Week # 3 30 Menu Week # 1	24 10:30 Indoor Walking Group 1:30 Hewitts Dairy Bar 2:30 Oscar the Dog Visit (SVToo 3rd Floor Lounge) 31 10:30 Indoor Walking Group 10:30 Farm Boy 1:30 Casino 2:30 Oscar the Dog Visit (SVToo 3rd Floor Lounge)	25 10:00 Parsha Discussion (SG) 1:30 Giant Tiger/Dollarama 1:30 Afternoon Movie (Movie Theatre) 6:30 High Holy Day Information Drop-In with Balabusta (Synagogue)	26 <u>Footcare</u> 12:30 Summit Station  6:30 Power of Positive Speech with Balabusta (Synagogue)	27 <u>Hearing Clinic</u> 10:00-2:00 Trishaw Rides (Sign up with Tracy x274) 10:30 Fortino's Dundurn 10:45 Walkercise (SAM/L2W) 1:30 University Plaza 2:00 Open Painting Class (Art Room)	28 10:30 Walmart 1:30 Walmart 2:00 Wine Social (SVToo 3rd Floor Lounge) 3:00 Pre-Shabbat Service with Cantor Paula (Synagogue)	29 1:30 SKIP-BO Card Game Outside Rabbi's Office

*We extend our heartfelt thanks to **Sandra Witelson** for her generous support of our Assisted Living Recreation Programs*



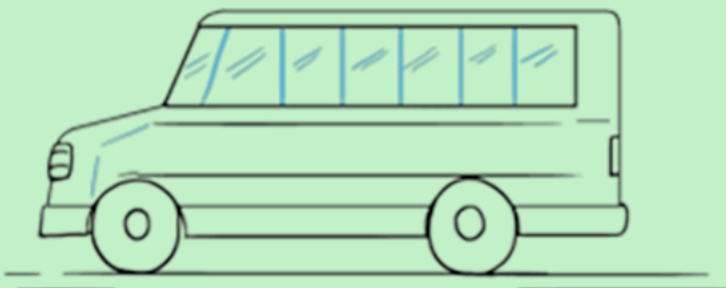
August 2026 Activities Calendar for Shalom Village Apartments

Nurse Cindy's "In Office" Calendar

August 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
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2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	31					

Sometimes you will
never know the value of
a moment until it
becomes a memory



Please Note:

Due to the availability of our Bus Drivers

**The week of August 17th to 21st
there will be no Bus Trips**

Please plan your shopping accordingly!

**Bus Trips will resume the week of
Monday August 24th**

Thank you!

**If you need support for essential
groceries that week
please call Tracy at x274**

Announcements



Footcare

Wednesday Aug. 26th
To set up your appointment
please call Tracy X274

Apartment Resident Townhall
Monday August 17th
3:00 pm
(SVToo 4th Floor
Ruth Sherman Centre)

BBQ Friday
Friday August 21st
12:00 – 2:00
Music: Paul Sage



 **Shalom Village**
Making moments that matter.

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