November 2026 Activities Calendar for Shalom Village Apartments

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Turn the clocks back Remember to move your clocks back one hour.  **Menu Week # 3**	**2** 10:30 Banks 10:30 Indoor Walking Group (SVToo 4th Floor/L2W) 1:00 Giant Tiger/Dollarama **1:30 Music Afternoon with Joe Callura (Samuels)**	**3** 10:00 Parsha Discussion (SG) 10:30 Knit and Chat (SVToo 3rd Floor Lounge) 1:00 Food Basics 1:00 – 1:30 Bookmobile (Front Parking Lot)	**4** 10:30 One on one Visits 2:00 Oscar the Dog Visit (Sign up with Tracy X274) 3:00 Senior Scholars (MT) 6:30 Power of Positive Speech with Balabusta (Synagogue)	**5** 11:00 Tile Rummy (Outside the Corner Store/L2W) 1:00 University Plaza 1:00String Quartet (SVO 1st Floor Lounge) 2:00 Open Painting Class (Art Room)	**6** 10:30 Tim Hortons/Cruise 1:00 Walmart	**7** 10:00 Ohev Zedek Service (Synagogue) 1:30 SKIP-BO Card Game Outside Rabbi's Office
8 New Fall Menu Starts **Menu Week # 1**	**9** 10:30 Fortino's Main West 10:30 Indoor Walking Group (SVToo 4th Floor/L2W) 1:00 Winners/HomeSense **2:00 Afternoon Music with Synchronicity Duo (SAM)**	**10** 10:00 Parsha Discussion (SG) 10:30 One on one Visits 11:00 Casino 2:00 Bingo (Art Room)	**11** Remembrance Day 10:15 Remembrance Day Service (Goldies Place) 1:30 Tile Rummy (Outside the Corner Store/L2W) 3:00 Senior Scholars (MT) 6:30 Power of Positive Speech with Balabusta (Synagogue)	**12** 10:30 Coffee Corner (SVToo 3rd Floor Louge) 10:45 Walkercise (SAM/L2W) 1:00 University Plaza 2:00 Trishaw Thank You Social (SVO 1st Floor Lounge)	**13** 10:30 One on One Visits 1:00 Walmart 2:00 Painting Class (Art Room/L2W)	**14** 1:30 SKIP-BO Card Game Outside Rabbi's Office
15 1:00 Jewish Music with Balabusta (Movie Theatre) 2:00 Non-denominational Church Service (Goldies) **Menu Week # 2**	**16** 10:30 Indoor Walking Group (SVToo 4th Floor/L2W) 1:00 Appleby Pharmacy (MT) 1:00 Food Basics 3:00 Apartment Resident Townhall (RSC)	**17** 10:00 Parsha Discussion (SG) 10:30 No Frills 11:00 Tile Rummy (Outside the Corner Store/L2W) 1:00 Farm Boy 2:00 Oscar the Dog Visit (Sign up with Tracy X274)	**18** Footcare 11:00 Mapleview Mall 1:00 Wine Social (SVToo 3rd Floor Louge) 3:00 Senior Scholars (MT) 6:30 Power of Positive Speech with Balabusta (Synagogue)	**19** 10:30 Knit and Chat (SVToo 3rd Floor Lounge) 10:45 Walkercise (SAM/L2W) 1:00 University Plaza 2:00 Open Painting Class (Art Room)	**20** 10:30 Fortino's Dundurn 10:30 One on One Visits 1:00 Walmart 1:30 Movie Afternoon (Movie Theatre) 3:00 Pre-Shabbat Service with Rabbi Beni (Synagogue)	**21** 10:30 Shabbat Service & Kiddush Lunch (Synagogue/Goldies) 1:30 SKIP-BO Card Game Outside Rabbi's Office
22 2:30 Games and Cards with Temple Anshe Shalom Hebrew School (Bubie's) **Menu Week # 3**	**23** 10:30 Fortino's Main West 10:30 Indoor Walking Group (SVToo 4th Floor/L2W) 1:00 Food Basics 1:00 McMaster Health Talk (Ruth Sherman Centre)	**24** 10:00 Parsha Discussion (SG) 10:30 Denningers 2:00 Bingo (Art Room) ** 7:00 Karaoke Night with Tom Cowles (MT) **	**25** 10:00 One on one Visits 11:00 Soltiris Restaurant 3:00 Senior Scholars (MT)	**26** 10:30 Coffee Corner (SVToo 3rd Floor Louge) 10:45 Walkercise (SAM/L2W) 1:00 University Plaza 2:00 Oscar the Dog Visit (Sign up with Tracy X274)	**27** 10:30 Hamilton Farmer's Market 1:00 Walmart 2:00 Painting Class (Art Room/L2W) 3:00 Pre-Shabbat Service with Cantor Paula (Synagogue)	**28** 1:30 SKIP-BO Card Game Outside Rabbi's Office
29 **Menu Week # 1**	**30** Footcare 10:30 Indoor Walking Group (SVToo 4th Floor/L2W) 11:00 Downtown Dundas 2:00 Oscar the Dog Visit (Sign up with Tracy X274)		**Location Legend** Shalom Village Original- SVO Shalom Village Too- SVToo Movie Theatre – MT Goldies Place- GP Art Room – AR Links 2 Wellbeing - L2W	**Location Legend** Samuels- SAM Ruth Sherman Centre- RSC Visiting Residents-One on One Bubie's Cafe- BC Synagogue – SG Main Entrance- ME		1:30 SKIP-BO Card Game Outside Rabbi's Office

We extend our heartfelt thanks to Sandra Witelson for her generous support of our Assisted Living Recreation Programs

November 2026 Activities Calendar for Shalom Village Apartments

Nurse Cindy's "In Office" Calendar

November 2026

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	**6**	7
8	9	**10**	**11**	12	**13**	14
15	**16**	**17**	18	19	**20**	21
22	**23**	**24**	25	26	**27**	28
29	**30**					

Trishaw Thank You Social

Thursday November 12th
2:00 pm
SVO 1st Floor Lounge





November Health Talks

Senior Scholars

(Movie Theatre)

Evidence-Based Health Education for you by Future Doctors

Wednesday, November 4th at 3:00 pm
Healthy Skin as You Age –
Simple habits that make a big difference

Wednesday, November 11th at 3:00 pm
Let's Talk About Bowel, Bladder & Pelvic Health

Wednesday, November 18th at 3:00 pm
Bone Health and Falls Prevention

Wednesday, November 25th at 3:00 pm
Healthy Eyes and Vision

McMaster Health Talks
Bites and Insights

Monday November 23rd at 1:00pm
(SVToo 4th Floor Ruth Sherman Centre)

Topic: Muscle Matters:
Aging Well with Exercise and Nutrition

Announcements

Footcare
November 18th and 30th
To set up your appointment please call Tracy X274

Apartment Resident Townhall
Monday November 16th
3:00 pm
SVToo 4th Floor
Ruth Sherman Centre

Remembrance Day Service
Wednesday November 11th
10:15 am
Goldies Place



Shalom Village
Making moments that matter.

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